ALLERGENS

Cakes & Traybakes

Item Description	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Raspberry & Almond Cake- Round	May contain	No	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Lemmon Drizzle Loaf Cake	Wheat	No	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Coffee & Hazelnut Cake – Round	Wheat	Yes	Yes	Yes	Almonds, Hazelnut (other nuts may be present)	No	No	No	No	No	No	No	No	No
Chocolate Truffle Cake – Round	Wheat, barley	Yes	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No

	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Gluten Free Lemon & Polenta Cake	No	Yes	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Chocolate & Cherry Brownie	Wheat	Yes	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Chocolate & Orange Rocky Road	Wheat, barley	Yes	May Contain	Yes	Almonds, Hazelnut (other nuts may be present)	No	No	No	No	No	No	No	No	No
Caramel Shortbread	Wheat	Yes	May Contain	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Vegan & Gluten Free Chocolate Brownie	No	Yes	May contain	May contain	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No

	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Raspberry & Almond Bakewell Slice	Wheat	No	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Double Chocolate Brownie	Wheat	Yes	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Carrot Cake – Round	Wheat	Yes	Yes	Yes	Walnuts (other nuts may be present)	No	No	No	No	No	No	No	No	No
Caramel & Rolo Brownie	Wheat	Yes	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Vegan & Gluten Free Caramel Shortbread	No	Yes	May contain	May contain	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No

	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Malted Tiffin	Wheat, barley	Yes	May contain	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Vegan Chocolate Orange Rocky Road	Wheat, barley	Yes	May contain	May contain	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Victoria Sponge	Wheat	No	Yes	Yes	Almonds (other nuts may be present	No	No	No	No	No	No	No	No	No
Lemon & White Chocolate Blondie	Wheat	Yes	Yes	Yes	Almonds, pistachio (other nuts may be present)	No	No	No	No	No	No	No	No	No
Vegan & Gluten Free Pecan Caramel Brownie	No	Yes	May contain	May contain	Almonds, pecans (other nuts may be present)	No	No	No	No	No	No	No	No	No

	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
S'Mores Brookie	Wheat	Yes	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Blackcurrant Blondie	Wheat	Yes	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Caramel Crispie	Wheat, barley	Yes	Yes	Yes	Almonds (other nuts may be present	No	No	No	No	No	No	No	No	No
Praline Brownie	Wheat	Yes	Yes	Yes	Almonds, hazelnut (other nuts may be present)	No	No	No	No	No	No	No	No	No
Chocolate Orange Brownie	Wheat	Yes	Yes	Yes	Almonds, (other nuts may be present)	No	No	No	No	No	No	No	No	No

	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Vegan & Gluten Free Raspberry Rocky Road	No	Yes	May contain	May contain	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Vegan & Gluten Free Hazelnut Shortie	No	Yes	May contain	May contain	Hazelnut (other nuts may be present)	No	No	No	No	No	No	No	No	No
Raspberry & White Chocolate Blondie	Wheat	Yes	Yes	Yes	Almonds (other nuts may be present	No	No	No	No	No	No	No	No	No
Lemon, Orange & Polenta Tray Cake	May contain	Yes	Yes	Yes	Almonds, pistachio (other nuts may be present)	No	No	No	No	No	No	No	No	No
Autumn Berry Bakewell	Wheat	May contain	Yes	Yes	Almonds, (other nuts may be present)	No	No	No	No	No	No	No	No	No

	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Sticky Toffee Slump Cake	Wheat	Yes	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Kinder Brookie	Wheat	Yes	Yes	Yes	Almonds, hazelnut (other nuts may be present)	No	No	No	No	No	No	No	No	No
Chocolate Hazelnut Slump Cake	Wheat	Yes	Yes	Yes	Almonds, hazelnut (other nuts may be present	No	No	No	No	No	No	No	No	No
Cookies & Cream Brookie	Wheat	Yes	Yes	Yes	Almonds, (other nuts may be present)	No	No	No	No	No	No	No	No	No
Cruffins	Wheat	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No

	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Vegan Banana & Chocolate Loaf	Wheat	Yes	No	No	No	No	No	No	No	No	No	No	No	No
Chocolate Chip Cookies	Wheat	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	No
Pistachio Crème Cookies	Wheat	Yes	Yes	Yes	Pistachio (other nuts may be present	No	No	No	No	No	No	No	No	No
White Chocolate & Hazelnut Cookie	Wheat, barley	Yes	Yes	Yes	Hazelnut, (other nuts may be present)	No	No	No	No	No	No	No	No	No
Pastel De Nata	Wheat	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No

ALLERGENS

Pastries & Paninis

Item Description	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Almond Croissant	Wheat	No	Yes	Yes	Almonds (other nuts may be present)	No	No	No	No	No	No	No	No	No
Biscoff Croissant	Wheat	Yes	Yes	Yes	May contain almonds, hazelnut	No	No	No	No	No	No	No	No	No
Chocolate Croissant	Wheat	Yes	Yes	Yes	May contain almonds, hazelnut	No	No	No	No	No	No	No	No	No
Vegan Raspberry Croissant	Wheat, barley	May contain	May contain	May contain	Almonds, hazelnut (other nuts may be present)	No	No	No	No	No	No	No	No	No

Item Description	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
All Butter Croissant	Wheat	May contain	Yes	Yes	May contain almond, hazelnut	No	No	No	No	No	No	No	No	No
Pain au Chocolate	Wheat	May contain	Yes	Yes	May contain almonds, hazelnut	No	No	No	No	No	No	No	No	No
Vegan Croissant	Wheat, barley	May contain	May contain	May contain	Almonds, hazelnut (other nuts may be present)	No	No	No	No	No	No	No	No	No
Pistachio Croissant	Wheat	May contain	Yes	Yes	Pistachio (other nuts may be present)	No	No	No	No	No	No	No	No	No
Panini	Wheat	No	No	No	No	No	No	No	No	No	No	No	No	No
Bread	Wheat	Yes	No	No	No	No	No	No	No	No	No	No	No	No

Item Description	Cereals containing gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs
Tea Cake	Wheat	Yes	No	No	No	No	No	No	No	No	No	No	No	No
Cookies & Cream Ice Cream	Wheat	Yes	No	Yes	May contain	No	No	No	No	No	No	No	No	No
Vanilla	No	Yes	No	Yes	May contain	No	No	No	No	No	No	No	No	No
Mint Chocolate Chip	No	Yes	No	Yes	May contain	No	No	No	No	No	No	No	No	No
Strawberry	No	Yes	No	Yes	May contain	No	No	No	No	No	No	No	No	No
Chocolate	No	Yes	No	Yes	May contain	No	No	No	No	No	No	No	No	No
Biscoff	Wheat	Yes	No	Yes	May contain	No	No	No	No	No	No	No	No	No
Bubblegum	No	Yes	No	Yes	May contain	No	No	No	No	No	No	No	No	No